

Life's Simplest Prayer



Great Commandment People
Living Great Commission Lives

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“God... to me a sinner... be merciful.” – Luke 18:13

“Our Father... forgive us our debts... give us this day.” Luke 11:1-5

This is a pattern for a simple, daily, private prayer time. Even the busiest among us can use this prayer as a pattern. If you are a novice, or experienced at prayer, this pattern can be a refreshing tool for deepening your walk with God.

- 1. Praise and Thanksgiving** - *Enter his gates with...* Psalm 100
- 2. Confession and Surrender** - *Confess your sins, faults* 1 John 1:9
- 3. Petition and Requests** - *Let your requests be made known* Phil. 4:6

Hints For Enjoying Prayer

- ◇ Practice Quiet – Be Still - quiet time (closet, close the door)
- ◇ 3-Minute Timer – don't stall or get distracted. Keep focused
- ◇ Journal – your thoughts as a prayer - Dear Lord today...
- ◇ Meditate – on creation, his works, his cross, psalms, a verse
- ◇ Plan – have a plan. *Failure to plan is a plan to fail.*
- ◇ Schedule – schedule God! Is he in your daily planner?
- ◇ Prayer Days – (once a month: 2 hrs to a day)
- ◇ Prayer Retreats – (weekend with God, or a night and a day)